

**MENTAL HEALTH ASSOCIATION OF ORANGE COUNTY  
JOB DESCRIPTION**

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**TITLE:       TRANSITIONAL AGE YOUTH (TAY) MENTOR**

**SUMMARY:**

Under the direct supervision and guidance of the Project Together Mentor Program Director, the TAY Mentor is responsible to provide peer-to-peer support and/or self-help to clients as needed, requested or directed.

**REPORTING RELATIONSHIPS:**

This position reports to the Project Together Mentor Program Director and Mentor Coordinator.

**STATUS:**     Part-time, Non-exempt (must be able to work some evenings and weekends)

**DUTIES AND RESPONSIBILITIES:**

**Essential:**

1. Participation with the treatment team and the Transition Age Youth (TAY) to develop a plan that will assist the youth to explore coping tools that can be acquired or options that need to be in place to assist the youth to become self-reliant and live an independent and productive life.
2. Provide supportive assistance to, and the modeling of self-advocacy with the TAY to help him/her obtain and keep housing, health care benefits, SSI entitlements, etc.
3. Provide supportive assistance to, and the modeling of self-advocacy with the TAY to help him/her reach and access needed and desired community resources.
4. Provide a hands-on “life coaching” to train, mentor, and support TAY with the acquisition of basic skills in activities of daily living [hygiene, meal preparation, home care, medication management, other self-care, public transportation access/travel training, etc.].
5. Research, develop, plan, coordinate and/or offer structured workshops [i.e. WRAP, Procovery], peer support and self-help groups, wellness activities, employment or education support activities, recreation activities and /or social outings that reflect the TAY’s needs, interests and desires. Coach and support TAY’s to research, offer, plan and lead these activities for themselves.
6. Understand and adopt the mentor best practices model and participate in training seminars related to the field.
7. Participate in all required training workshops offered by the Mental Health Association of Orange County and also the County of Orange Health Care Agency-Behavioral Health and MHSA division.
8. Support the TAY to explore new and different areas of their community.
9. Work cooperatively with others to assure the smooth and seamless delivery of comprehensive services to TAY’s.
10. Perform other duties as assigned.

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**QUALIFICATIONS:**

1. Must have a minimum of a high school diploma and college course work focused in the social/health care field.
2. Experience working in the social/health care field especially as it pertains to mental health disorders or sufficient knowledge mental health disorders in youth.
3. Some significant classroom training OR demonstrated work experience in peer support, peer advocacy, or self-help.
4. Demonstrated good basic English and Spanish or Vietnamese, reading and writing skills.
5. Demonstrated basic computer/word processing skills.
6. Flexible work schedule to include occasional evenings, weekends and holidays.
7. Must know or quickly acquire extensive knowledge of local community resources. s

*The Mental Health Association of Orange County is an equal opportunity employer. We encourage all qualified individuals to apply for open positions regardless of race, color, religion, sex, sexual orientation, national origin, age, disability, or any other legally protected status.*