

mha Mental Health Association of Orange County

Presents

25th Annual

Meeting of the Minds

Mental Health Conference

“25 Years of Building Community Where Every Mind Matters”

Wednesday, May 15, 2019

8:00 am – 5:00 pm

**Anaheim Marriott Hotel
700 W. Convention Way
Anaheim, CA 92802**

Objectives:

- Bring together the full spectrum of the mental health community of Orange County
- Raise awareness, enhance skills, increase cultural sensitivity and reduce stigma
- Share information, strengthen existing relationships, network and develop new alliances
- Improve patient care and quality of life for persons impacted by mental illness

Who Should Attend: Mental health professionals, medical professionals/RNs, community agency staff, consumers and families, educators, religious leaders, volunteers, drug and alcohol counselors, residential care facility staff, community advocates, private practitioners, law enforcement, emergency medical personnel, public health providers, elected officials, and all!

Features:

Showcase of community resources
Networking luncheon
Keynote Presentation
36 workshops to update your knowledge and skills
Five Continuing Education Hours:
Ph.D., Psy.D., LMFT, LCSW, RN

FREE PARKING

Mental Health Association of Orange County

1971 E. 4th Street, Suite 130A
Santa Ana, CA 92705
(714) 547-7559
www.mhaoc.org

Schedule of Events

7:00 am	Exhibitor Registration
8:00 am	General Registration Begins Continuing Education Sign-In Resource Fair and Consumer Art Show Opens
9:00 am – 10:15 am	Workshops 1-9
10:30 am – 11:45 am	Workshops 10-18
Noon – 1:30 pm	Networking Luncheon with Keynote Presentation
1:30 pm – 2:15 pm	Visit Resource Fair and Consumer Art Show
2:15 pm – 3:30 pm	Workshops 19 – 27
3:45 pm – 5:00 pm	Workshops 28 – 36
5:00 pm – 5:30 pm	Continuing Education Sign-Out

Keynote Presentation by Dianna de la Garza

Author of *Falling with Wings: A Mother's Story*

About the Speaker



Dianna De La Garza, born and raised in Texas, is a former Dallas Cowboys Cheerleader and country music recording artist who opened for music greats like George Strait, Reba McEntire, and Hank Williams, Jr. As a mother of three daughters who were interested in show business, De La Garza also served as pep coach, adviser, and manager to her children. Her youngest, Madison De La Garza, was a regular on *Desperate Housewives*, playing the role of Eva Longoria's daughter. Middle daughter, Demi Lovato is a multiplatinum recording artist and former Disney actress, best known for appearing in *Camp Rock*, *Princess Protection Program*, and *Sonny with a Chance*. Oldest daughter, Dallas Lovato, is currently an acting coach in the Los Angeles area and a voice actress. In addition to being a mom and author, De La Garza is also a well-known speaker who

conducts parent seminars around the country about the perks and pitfalls of helping children pursue Hollywood careers.

About the Presentation

Dianna will be sharing with us her own life story, what shaped her mental health, and how it eventually affected her family...her "need to be perfect," her eating disorder, and her own addiction struggles. She will explain her "ah ha" moment when she realized her family needed REAL help for their mental health issues. She will discuss their move to Hollywood and into the spotlight, and while it didn't cause their mental health struggles, how the experience exacerbated them to the point they could no longer be ignored. Dianna will share how they got the help they needed through treatment, therapy, sobriety and relying on faith. And, lastly, she'll give an update on how the family is doing and what their plans are for the future.

Workshops 1 – 9

9:00 am – 10:15 am

Workshop 1: Salon A/B

Best Practices for Law Enforcement: Interacting Safely with Those with Mental Disorders

This presentation will cover the four common mental disorders and their symptoms, the potential risk factors for violence, and strategies for communicating with and engaging individuals in the field suffering with mental illness.

Presenters: Corporal Mark Bailey and Officer Sean Fezell, Orange Police Department

Workshop 2: Salon C/D

Homelessness to Health: Creating Healthy Communities

This presentation will discuss the collaboration between St Joseph Hospital and Jamboree Housing to support services extended from hospital to community. Strength-based treatment approaches for homeless mentally-ill individuals will be discussed, as well as how to improve self-efficacy by using innovative interventions.

Presenters: Jeannine Loucks, R.N., Psychiatric Nurse, St. Joseph Hospital Emergency Department and Raul Fernandez, Jamboree

Workshop 3: Room to be determined

Mindfulness-Based Stress Reduction and Hatha Yoga

This session will provide an overview of the historical context for mindfulness, Mindfulness-Based Stress Reduction, and hatha yoga. The evidence-base for MBSR and hatha yoga as treatments for PTSD, anxiety, and depression will be reviewed. A practical component, comprised of gentle hatha yoga stretches, and a brief sitting meditation, will be included.

Presenter: Nima Fayazmanesh, M.D., Staff Psychiatrist, Tibur Rubin Long Beach VA Healthcare System

Workshop 4: Ballroom E

Trends in Medication Research

Workshop will discuss the epidemiology of the more common affective disorders and how they are often confused. Historical treatment modalities will be examined, as well as the pathophysiology of treatment. Presenter will discuss the evolving panorama of the clinical research being done to counter mood disorders and Bipolar Affective Disorder.

Presenter: Gustavo Alva, M.D., ATP Clinical Research

Workshop 5: Ballroom F

Post-Traumatic Growth

Presenter will discuss the basic signs and symptoms of the core PTSD Syndrome. The workshop will cover the very common emotional and cognitive dilemma bogging PTSD treatment and explain helpful visualization techniques to cut through the dilemma. It will also compare the movie character "Forrest Gump" to real-life cases seen daily at Tibur Rubin.

Presenter: Long Juynh, M.D., Staff Psychiatrist Tibur Rubin Long Beach VA Healthcare System

Workshop 6: Salon G/H

LGBTIQ 101

This workshop will provide an overview of common sexual orientations in the LGBTIQ community. Professional ethics which relate to discrimination will be discussed, as will strategies to use when working with LGBTIQ individuals. Four constructs will be explained: gender identity, gender presentation, biological sex and sexual orientation.

Presenter: Marco A. Ramirez, LMFT, OCACCEPT, Orange County Health Care Agency

Workshop 7: Salon J/K

Recovery Lives

Panelists who have lived experience will discuss struggles associated with mental illness. They will share about their recovery journey, and discuss steps and tools they have found most helpful for progress. There will be a time for questions and answers.

Presenters: Wellness Center Central

Workshop 8: Orange County Ballroom 1/2

Drawing Out Stigma – Strategies for Stomping Stigma

This workshop will discuss multiple strategies for addressing mental health stigma. Presenters will distribute and discuss a Mental Health Equity Framework to understand the challenges to access, quality, and equity in mental health, and will present strategies and interventions for opening up discussions about mental health stigma.

Presenters: Iliana Soto Welty, MECCA, Dr. Miguel Gallardo, clinical psychologist, and Dr. Ana Jimenez, OC Children's Therapeutic Arts Center & a panel of community members

Workshop 9: Orange County Ballroom 3/4

Medicare and Mental Health: Ten Things You Should Know

This presentation will explain the Medicare qualification requirements and how Medicare and MediCal work together. It will define the important terms and how they work for and against people, as well as what to do when things go wrong (i.e., losing all or part of Medicare and MediCal benefits).

Presenter: Rick Mark, Brand New Day

Workshops 10 – 18

10:30 am – 11:45 am

Workshop 10: Salon A/B

Law Enforcement Response to Homelessness

This workshop will discuss Orange County's Point-In-Time Count, provide an overview of available resources and law enforcement efforts to coordinate service referrals, and will outline legal challenges of enforcement and recent proposition implementation.

Presenter: Master Officer Brian Hatfield, Garden Grove Police Department

Workshop 11: Salon C/D

Cultural Considerations in the Psychiatric Treatment of Asian Patients

Presenter will explain the phases of immigration to the United States by refugees and the different levels of acculturation among the Asian generations. The major psychotherapy issues experienced by first and second generations will be explained, as well as how to identify Post-Traumatic Stress Disorder when treating Asian patients.

Presenter: Charles Nguyen, M.D., Staff Psychiatrist, Tibur Rubin Long Beach VA Healthcare System

Workshop 12: Room to be determined

Be Well Orange County

This presentation will explain the vision and history of the Be Well OC movement and the Collective Impact Model in system governance. The six outcome pillars identified as key elements of the movement will be discussed, as well as barriers faced during the first year of the program's implementation.

Presenter: Clayton Chau, M.D., Ph.D., Regional Executive Medical Director, Providence St Joseph Health, Southern CA Region

Workshop 13: Ballroom E

Discovering the DSM: Diagnostic and Statistical Manual of Mental Disorders

Attendees will learn the history of the DSM and its categories for mental illness. Presenter will provide an overview of some of the new diagnoses in the DSM 5, and provide an overview of the most common diagnoses and criteria.

Presenter: Jeannie Lochhead, M.D., Assistant Clinical Professor of Psychiatry, UC Riverside School of Medicine

Workshop 14: Ballroom F

Working with Clients Experiencing Psychotic Episodes

Presenters will discuss the definition of psychosis and what behaviors are associated with psychosis. Participants will learn ways to speak to someone experiencing psychosis and what medications are commonly used to treat patients experiencing psychosis.

Presenters: Rimal Bera, M.D. and Andrew Kami, Ph.D., The John Henry Foundation

Workshop 15: Salon G/H

Keeping Your Brain Fit As You Age

This interactive workshop will examine the neurological aging process in the brain and will talk about the importance of mental fitness as we age. Presenter will talk about ways to train hearing to distinguish sounds and the generalized improvements in overall brain function as a result. Workshop will include experiential memory exercises to incorporate into one's life.

Presenter: Karyl Dupee, LMFT, Clinical Supervisor, Senior Services and Community Care Navigation, St. Jude Medical Center

Workshop 16: Salon J/K

And I Know the Way Out: The Value of Peer Support in Recovery

Attendees will learn why peer support is a vital component, and clinical function, of the Recovery Model. Presenters will explain what qualifies peer support as a valuable service, and why lived experience is such a vital tool in the treatment of mental illness.

Presenters: Danny Gibbs, NAMI-OC and Orange County Health Care Agency and Jeff Nagel, Orange County Health Care Agency

Workshop 17: Orange County Ballroom 1/2

Listen to Your Anxiety

This workshop will discuss the origins of anxiety, its common symptoms, how they show up in a person's body/thoughts, and why it continues. Attendees will learn what behaviors and actions increase symptoms and will learn how to cope with anxiety.

Presenter: Diana Chaparro-Clark, LMFT, Hope Culture Counseling

Workshop 18: Orange County Ballroom 3/4

Housing Options in Orange County

During this presentation, attendees will learn about the OC United Way/UCI Cost of Homelessness study. Panelists will discuss housing options available in the county for individuals living with mental health disabilities, including those provided through the Health Care Agency, those funded with MHSA monies, and No Place Like Home options.

Presenters: Helen Cameron, Jamboree; Becks Heyhoe, Orange County United Way; Lisa Row, Orange County Health Care Agency; Judson Brown, Santa Ana Housing Authority; and Danielle Ball, Jamboree

Workshops 19 – 27

2:15 pm – 3:30 pm

Workshop 19: Salon A/B

Drug Trends & Symptomology

This presentation will focus on identifying the major illicit drugs being used in society and how these drugs can drastically reduce a person's cognitive and physical function, and will discuss the dangers of self-medicating while using psychiatric meds.

Presenter: Officer Justin Ortega, Irvine Police Department

Workshop 20: Salon C/D

Mothering the Mother: Ideas on Helping Mothers & Families Prepare for and Navigate through Postpartum Mood Disorders

This workshop will explain the risk and protective factors for developing postpartum depression and/or postpartum anxiety and their typical symptoms. Various treatment modalities and approaches to treat postpartum depression and/or anxiety will be presented, as well as the importance of connecting new mothers to community resources and support networks.

Presenter: Carrie Cueto, LMFT, Clinician, Western Youth Services

Workshop 21: Room to be determined

Co-Occurring Disorders and Marijuana

Presenter will explain the definition of Dual Diagnosis, will discuss the most common psychiatric disorders, as well as symptoms of marijuana psychosis, and potential diagnostic differentials for marijuana psychosis.

Presenter: Richard Granese, M.D., Co-Founder and Chairman of the Board, A Mission for Michael

Workshop 22: Ballroom E

The Science Behind Mental Illness

This presentation will look at the biophysiological issues that lead to mental illness and how neurotransmitters relate to mental health functioning. Genetic and social factors that lead to mental illness will also be discussed. Classes of medications will be presented, and how they, and psychotherapy, impact neurochemistry and brain functioning to address symptoms.

Presenter: Jennifer DeFeo, Ph.D., Licensed Clinical Psychologist, Professor of Psychology, 1LT- California Military Reserve

Workshop 23: Ballroom F

Culturally Competent Practices with Transgender and Gender Diverse Clients

Presenter will explain the differences between sexual orientation, gender identity, and gender expression, and will provide insight into the emotional experience of family members to a transitioning person. Strategies for supporting trans people and family members as they navigate transition will be discussed. Local resources available to trans people and their loved ones will be shared.

Presenter: Erin Pollard, LMFT, LPCC, Transgender and Gender Diverse Affirming Therapist

Workshop 24: Salon G/H

Clinical Suicide Risk Assessment

Attendees will learn how to identify warning signs for suicide and the suicide risk assessment model. Participants will learn how to assess for lethality, how to manage a suicidal client/person, the standard of care when working with an at-risk client, and the importance of collaborative safety planning.

Presenter: Jacqueline Rivera, LCSW, Assistant Program Director, Survivor Support Services, DiDi Hirsch MHS

Workshop 25: Salon J/K

The Power of Work

During this panel presentation, attendees will learn about the benefits of working. Panelists will provide direction to attendees who would like to work or volunteer. Goodwill's Individual Placement and Support Model (IPS) will be discussed, and attendees will learn how the Goodwill Employment WORKS program can benefit job-seekers.

Presenters: Jenna Hawes, Chris Anders and Mary Dang, Goodwill Employment WORKS

Workshop 26: Orange County Ballroom 1/2

Primitive Reflexes, Breath and Beat: Hands-On Tools for Social-Emotional Health

In this interactive workshop, attendees will learn breathing tools for well-being and beat-keeping skills for social-emotional connectivity. Presenter will explain the role of primitive reflexes in emotional stability and regulation, and teach how to use movement, breath, and beat for self-care.

Presenter: Maria Simeone, Teaching Artist & Move to Learn Trainer

Workshop 27: Orange County Ballroom 3/4

SSI/SSDI Work Incentives and Employment

Attendees will learn about the work incentive rules that allow people to maintain cash and MediCal/Medicare benefits while working, how to have benefits reinstated, and how to contact Social Security for help.

Presenter: Dung Le, Mental Health Worker III, Orange County Health Care Agency

Workshops 28 – 36

3:45 pm – 5:00 pm

Workshop 28: Salon A/B

Resilience and Recovery: Responder Wellness – The Journey Back

This presentation will help first responders identify signs and signals of Post Traumatic Stress and will discuss effective coping skills and exercises that can be used at will. Workshop will explain the difference between PTS and PTSD.

Presenters: Scott Whyte, Ryan Dedmon, First Responder Trainers at Golden West College and Deborah Silveria, Ph.D.

Workshop 29: Salon C/D

Hoarding 101

This workshop will provide an overview of Hoarding Disorder and strategies for working with clients exhibiting hoarding behaviors. Speakers will also discuss challenges faced by first-responders during emergencies and natural disasters.

Presenters: OC Task Force on Hoarding and First Responders

Workshop 30: Room to be determined

Imposter No More: Using Cognitive Therapy to Treat High Functioning Anxiety

This workshop will explain the characteristics of Imposter Syndrome, the symptoms of high functioning anxiety, and how to use the IP scale assessment tool to measure impostor phenomenon (developed by Dr. Pauline Clance). Attendees will learn interventions used to treat high-functioning anxiety and learn about the cognitive behavioral model for treating anxiety.

Presenter: Sara Stanizai, LMFT, Diplomate, Academy of Cognitive Therapy, Prospect Therapy

Workshop 31: Ballroom E

Opioids in Orange County

This presentation will discuss the main trends in opioid prescribing and use in Orange County, as well as the opioid morbidity/mortality trends in the county. Speaker will explain Medication Assisted Treatment (MAT), what it's used for, and how it is part of a comprehensive approach to the opioid crisis.

Presenter: Nichole Quick, M.D., M.P.H., Orange County Health Care Agency

Workshop 32: Ballroom F

Dialectical Behavior Therapy (DBT)

Presenters will discuss the foundations of Dialectical Behavior Therapy including theoretical underpinnings, target populations, and general principles of the treatment. They will outline the structure of comprehensive DBT and discuss modifications to the treatment for those working in alternative settings or lacking the resources to implement the full model. Participants will also learn about pathways to building mastery in the provision of DBT and moving toward comprehensive, adherent delivery.

Presenters: Julie Fielder Orris, PsyD., Clinical Director, and Jessica Schneider, PsyD, Director of Training, both from CBT California

Workshop 33: Salon G/H

The Orange County Mental Health Board: Working with Stakeholders to Help Build a World Class Behavioral Health System

This listening session will acquaint attendees with the role and purpose of the OC Mental Health Board and solicit comments and advice from Participants. Attendees can address issues of policy and programs and make recommendations regarding the system of care in the county.

Presenters: Dr. Michael Rose, Chair, Matt Holzmann, Vice Chair, Dr. Clayton Chau, Joy Torres and Sandra Finestone, Members

Workshop 34: Salon J/K

Family to Family: Keepin' it Real

Mental illness impacts an entire family. Family members, providers and consumers can improve mental health wellness and recovery with care coordination. Multiple perspectives – that of a sibling, parent, grandparent and child – will be presented. A team approach can be much more effective than treatment in isolation.

Presenters: Sean Sweeney, NAMI-OC Board of Directors; Karen Blanca, Nan Ibarra, volunteers, and Moderator: Carla DiCandia

Workshop 35: Orange County Ballroom 1/2

Meeting of the Meds: Understanding Psychotropic Medications

This workshop will provide an overview of psychotropic medications, including side effects, when to report adverse effects, time-span of effectiveness, the importance of dosing, and how/when to obtain/refill. Attendees will learn why it's important to provide total medical and psychiatric information to healthcare professionals, including vitamins and supplements they may be taking, and how lifestyle choices (e.g., smoking and drinking) can affect psychotropic medication outcomes.

Presenters: Clint Salo, D.O., Year Patel, PharmD, H.O.P.E. Center at Anaheim Global Medical Center

Workshop 36: Orange County Ballroom 3/4

Adventures in Estate Planning: Special Needs Trusts and Support Trusts Can Help Your Family

This workshop will provide an overview of an estate plan, how each document works, and explain the difference between a special needs trust and a support trust. Attendees will learn the pros and cons between using a special needs trust and a support trust, and the difference between a first person special needs trust and a third party special needs trust.

Presenter: Sara Brewsaugh, J.D., Burris Law

Meeting of the Minds, May 15, 2019

Exhibitor/Sponsor Registration

(Print or type)

Exhibitor/Underwriter Name: _____

Address: _____ City: _____ State: ____ Zipcode: _____

Telephone: _____ Email: _____

Names of Attendees: _____

All Exhibitor/Sponsor Registrations include:

Exhibit space at Showcase of Community Resources (6 ft. table, 2 chairs), organization name placard, recognition in program, and listed on recognition board at the event. Admission for number of persons specified below, including all workshops, catered networking luncheon, keynote presentation, validated parking, and CEU processing fees.

Please check appropriate box for your level of support:

- \$10,000 Titanium Sponsor:** Featured as chief sponsor in event program and in all media for the event. Program acknowledgement on front cover and full-page inside. Noted on MHA web site through 2019. Preferred booth location in high-traffic corridor. Admission and preferred luncheon seating for 20. One room at the hotel the night before the conference.
- \$5,000 Platinum Sponsor:** Featured as chief sponsor in event program and in all media for the event. Program acknowledgement on front cover and full page inside. Noted on MHA web site through 2019. Admission for 12
- \$2,500 Gold Sponsor:** Featured as supporting sponsor in event program and in all media for the event. Program acknowledgement on front cover and half-page inside. Noted on MHA web site through 2019. Admission for 8
- \$1,000 Silver Sponsor:** Featured as supporting sponsor in event program and in all media for the event. Program acknowledgement on quarter page inside. Noted on MHA web site through 2019. Admission for 5
- \$500 Bronze Sponsor:** Featured as supporting sponsor in event program and in all media for the event. Program acknowledgement on business card size ad. Noted on MHA website through 2019. Admission for 3
- \$350 Friend:** Includes supporting sponsor recognition in program plus admission for 2
- \$250 Non-profit Agency:** Includes category recognition in program plus admission for 2

Number of persons who will attend the luncheon: _____ Number of Vegetarian meals: _____

EXHIBITOR REGISTRATION DEADLINE: Wednesday, May 1, 2019

Program Acknowledgements:

Digital artwork must be submitted to MHA as a **JPEG or PNG** file by **May 1, 2019. No PDFs please.** Email to Presnall@mhaoc.org

Additional/Optional Program Acknowledgement Space, to publicize your agency services or business and to support this conference:

_____ **\$400 Full page (8"x10½")** _____ **\$200 Half page (4"x10½")** _____ **\$100 Quarter page (4"x5¼")** _____ **\$50 Business Card (3"x2½")**

\$ _____ Total amount enclosed, payable to MHA. Please do not send cash.

Credit Card Authorization: _____ Visa _____ Mastercard _____ American Express

Credit Card # _____ Expiration Date _____

Print Name on Card _____ Authorized Signature _____

- Mail form and check to MHA, 1971 E. 4th Street, Suite 130A, Santa Ana, CA 92705
- Email form with credit authorization to presnall@mhaoc.org
- Fax form (secure E-fax) with credit authorization to 714-640-5767

mha Meeting of the Minds
May 15, 2019
Individual Registration (*Please type or print clearly*)

Name: _____ Title: _____

Address: _____

Phone: _____ Email: _____

The Small Print: Conference cancellations must be in writing and faxed or post-marked by April 26 to be eligible for a refund less a \$20 non-refundable processing fee. Cancellations after May 11th and no-shows, are not eligible for any refund or credit; and your tuition will be considered a tax-deductible donation to MHA. (IRS TAX ID # 95-2036972). Workshop admission is on space-available basis, so arrive early.

Registration deadline is May 4, 2019 No walk-ins will be accepted

Select One: The Sooner You Register, the More You Save!

- Individual Registration: \$135 (through April 2) \$160 (April 3 - May 4)**
Includes: admission to all workshops, showcase of community resources, catered networking luncheon, keynote presentation, validated parking
- Senior Registration (Age 60+): \$95 (through April 2) \$110 (April 3 - May 4)**
Includes everything under individual registration
- Student Registration: \$85 (through April 2) \$100 (April 3 - May 4)**
Includes everything under individual registration
- Agency Sponsored Mental Health Consumer Attendance: \$50 (through April 2) \$75 (April 3 - May 4)**
*If you are an agency and you are paying for a client to attend, you **must pay** this registration fee. No exceptions.*
- Mental Health Consumer Registration: \$25 (through May 4)**
By signing below, I am certifying that I am low income and requesting a discounted registration fee.

Signed: _____

- Continuing Education Units: \$25** Please indicate type of credit you are requesting: _____
Five hours of continuing education for the following:
Ph.D., Psy.D., LMFT, LCSW, RN for five contact hours. OC Health Care Agency is an approved provider of continuing education credits by the California Board of Behavioral Sciences for Ph.D., Psy.D., MFT, LCSW and by the California Board of Registered Nursing for RNs

*Attendees must **sign-in and sign-out** at CE table to meet criteria for certification.*

OPTIONS:

- Complimentary Luncheon:** YES! I will attend the luncheon at no additional charge.
- I am requesting a vegetarian meal**
- Business Card: \$50 per card** (Submission Deadline: **May 1, 2019**)
Features publication of your business card in conference program that can be helpful in acquainting the Orange County Mental Health community with your practice of specialty. If possible, please submit by email as a **JPEG or PNG** file.
For larger advertisements in the program, see exhibitor/underwriter registration on next page.

Total amount enclosed payable to MHA \$ _____ *Please do not send cash*

Credit Card Authorization: _____ Visa _____ Mastercard _____ American Express	
Credit Card #: _____	Expiration Date: _____
Print Name on Card: _____	Signature: _____

Credit Card Registration: *email* this registration form with credit card information to: presnall@mhaoc.org
Secure e-fax the registration form with credit authorization to: (714) 640-5767
register online: www.mhaoc.org/events

Registration by Mail: *mail* registration form with payment to: MHA, 1971 E. 4th Street, Suite 130A, Santa Ana, CA 92705

Call 714-547-7559 with any questions

MHA thanks our 2018 Meeting of the Minds Conference sponsors for their generosity and participation

Showcase of Community Resources

(partial listing of 2018 sponsors and exhibitors)

Platinum Sponsors

Brand New Day
Kaiser Foundation Hospitals

Gold Sponsor

Pathways Community Services

Silver Sponsors

CalOptima
Jamboree
OC Health Care Agency – Behavioral Health
Orange County Task Force on Hoarding
St. Joseph Hospital
Sunovion

Bronze Sponsors

Andrew and Christy Nguyen
Beacon Health Options
College Hospital Costa Mesa
Hoarder Homes
Lucy Brimbuela – BMD Rescare
Mercy Pharmacy Group
Norooz Clinic Foundation
Ocean View Psychiatric Hospital
Recovery Education Institute (REI)
Sea Crest Home Health & Hospice

Friends

CCS Wellness Center Central
College Community Services – Adult Outpatient
Evolve Treatment Centers
Life Adjustment Team
Orange County Consultants/Muriel Ullman
Steri-Clean
Vitas Healthcare

Exhibitors

Alzheimer's Orange County
Casa Youth Shelter
Child Abuse Prevention Center
Children's Bureau
Council on Aging – Southern California
Depression and Bipolar Support Alliance – OC
Depression and Bipolar Support Alliance – South OC
DoTerra Essential Oils/Julie Taylor
Extraordinary Lives Foundation
Independence at Home
Jewish Federation & Family Services
Life's Tool Box
Mental Health Association
MHA Project Together Mentor Program
MHA Wellness Centers

National Alliance on Mental Illness (NAMI) – Orange County
NAPAFASA
NASW - California
OCAPICA
OC LINKS/OC Health Care Agency
Orange County Psychiatric Society
Orange Police Department
Patients' Rights Advocacy Services
Express Through Play/Dry Erase Dolls
Radiant Health Center
Recovery International
Respite Mountain Camp
South Bay Intergroup of Overeaters Anonymous
The John Henry Foundation
Western Youth Services

ARTIST / WRITERS ART SHOW APPLICATION

mha Meeting of the Minds, May 15, 2019 at Anaheim Marriott Hotel

Open to Mental Health Consumers in Orange County – Registration deadline is May 3, 2019

PLEASE COMPLETE SECTION 1 through 2 or 3 and 4 and 5 (Please type or print clearly)

1. CONTACT INFORMATION

Name (Artist)	Organization	Telephone	Email
Address (Street) (City) (Zip)			

2. I AM ATTENDING

SEND: (1) Completed Artist/Writers Art Show application, (2) Completed MOM individual registration form checking "Mental Health Consumer Registration," (3) One page writing entry for writing display (if appropriate) & (4) \$25.00 consumer registration fee for admittance to conference and luncheon

I AM REQUESTING AN ARTIST/WRITERS SCHOLARSHIP. SEND: (1) Completed Artist/Writers Art Show Application with box to the left checked, (2) Completed MOM individual registration checking Consumer Registration (3) One page writing entry (if appropriate) & (4) \$15.00 (\$10 discount).

My conference fee is paid being by _____

3. I AM UNABLE TO ATTEND AND WISH TO HAVE A REPRESENTATIVE BRING MY ART

SEND: Artist/Writers Art Show application with representative's information on the application
Representative will send completed individual registration and appropriate fee for conference and luncheon

Name (Representative)	Organization	Telephone	Email
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4. LIST ARTWORK / WRITING FOR EXHIBIT: Frames & canvas need to be wired to hang One entry per category – Limited space – Applications accepted in order received.

Category I ART: (not limited to) Paintings & Drawings (all media) - Prints (Woodcut, Lithograph etc.)
Mixed Media - Graphic Designs-Photography - Prints of Your Original Work

ART: ONE FRAMED or CANVAS ENTRY ONLY OR SINGLE 20" x 32" DISPLAY BOARD (provided for unframed work)

Title	(required) Media	Media Surface	(required) height X width	Framed
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Category II HANGING ARTISANS CRAFTS: (not limited to) origami, hanging wood or glass art, jewelry, knitting, needle work, sewing, canvas shoes

HANGING ARTISANS CRAFTS: My Craft will be FRAMED or in a SHADOW BOX (wired and ready to hang)

I need 20" x 32" foamboard provided (Crafts will be attached to foamboard with clips, pins or velcro)

Title	Process and Materials Used	(required) height X width X depth
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Category III WRITING: (not limited to) poetry, inspirational thoughts, life story, remembrances, song verse

WRITING – UNLIMITED NUMBER of WORDS on ONE 8½" by 11" SHEET OF PAPER (SUGESTED 14 FONT)

Title(s) (if appropriate)

My artwork may be used in mha flyers yes no

5. MAIL TO: (PLEASE DO NOT SEND CASH)

Art Show Coordinator MHA
1971 E. 4th Street, Suite 130A
Santa Ana, CA 92705

**CUT ON DASH
LINE & KEEP
BOTTOM
PORTION FOR
YOUR RECORDS**

You are responsible for your art work. If you are concerned about theft or damage make arrangements for you and/or someone to stay with your art work when it is on display. Marriott and the organizers or persons associated with "Meeting of the Minds" are not responsible for any theft or damage to your work.

- o Anaheim Marriott Hotel 700 W. Convention Way, Anaheim (off Harbor between Chapman & Katella) (714) 750-8000
- o You or your representative must set up your art work. 7 a.m. to 8 a.m. **May 15, 2019**
- o Artwork that is offered for sale must have the price set by you. You and/or your representative are responsible for all sales and must be prepared to handle all monies/receipts for any transaction

If you have questions or need help, contact Judy Adams by email at judyannadams@live.com

mha

Mental Health Association of Orange County
1971 E. 4th Street, Suite 130A
Santa Ana, CA 92705

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Permit No. 6043
Santa Ana, CA

25th Annual



Wednesday, May 15, 2019

Anaheim Marriott Hotel
Anaheim, CA

Registration Information Enclosed

5 Continuing Education Hours

Meeting of the Minds Committee 2019

Margaret Riley, Committee Chair

MHA Board of Directors

Judy Ann Adams

Community Volunteer

Mindy Andrews

John Henry Foundation

Lucy Brimbuela

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