

# **mha**

**Mental Health Association of Orange County**

**Sponsorship Information for:**

**25<sup>th</sup> Annual**

# **Meeting of the Minds**

**Mental Health Conference**

***“25 Years of Building Community  
Where Each Mind Matters”***

**Wednesday, May 15, 2019**

**8:00 am – 5:00 pm**

**Anaheim Marriott Hotel  
700 W. Convention Way  
Anaheim, CA 92802**

**Objectives:**

- Bring together the full spectrum of the mental health community of Orange County
- Raise awareness, enhance skills, increase cultural sensitivity and reduce stigma
- Share information, strengthen existing relationships, network and develop new alliances
- Improve patient care and quality of life for persons impacted by mental illness

**Who Should Attend:** Mental health professionals, medical professionals/RNs, community agency staff, consumers and families/care-givers, educators, religious leaders, volunteers, drug and alcohol counselors, residential care facility staff, community advocates, private practitioners, law enforcement, emergency medical personnel, public health providers, elected officials, and all!

**Features:**

Showcase of community resources

Networking luncheon

Keynote Presentation

36 workshops to update your knowledge and skills

Five Continuing Education Hours:

Ph.D., Psy.D., LMFT, LCSW, RN, CAADE

**FREE PARKING**

# 25<sup>th</sup> Annual Meeting of the Minds Conference Sponsorship Levels

## **Keynote Sponsor: \$25,000**

Featured as chief sponsor in event program and in all media for the event  
Program acknowledgement on front cover and full-page inside  
Noted on MHA web site through 2019  
Preferred Resource Fair booth location in high-traffic corridor  
Conference admission and preferred luncheon seating for 20  
Two rooms at the hotel the night before the conference

## **Titanium Sponsor: \$10,000**

Featured as chief sponsor in event program and in all media for the event  
Program acknowledgement on front cover and full-page inside  
Noted on MHA web site through 2019  
Preferred Resource Fair booth location in high-traffic corridor  
Conference admission and preferred luncheon seating for 20  
One room at the hotel the night before the conference

## **Platinum Sponsor: \$5,000**

Featured as chief sponsor in event program and in all media for the event  
Program acknowledgement on front cover and full page inside  
Exhibitor booth at Resource Fair  
Noted on MHA web site through 2019  
Conference admission and preferred luncheon seating for 12

## **Gold Sponsor: \$2,500**

Featured as supporting sponsor in event program and in all media for the event  
Program acknowledgement on front cover and half-page inside  
Exhibitor booth at Resource Fair  
Noted on MHA web site through 2019  
Conference admission and preferred luncheon seating for 8

## **Silver Sponsor: \$1,000**

Featured as supporting sponsor in event program and in all media for the event  
Program acknowledgement on quarter page inside  
Exhibitor booth at Resource Fair  
Noted on MHA web site through 2019  
Conference admission and preferred luncheon seating for 5

## **Bronze Sponsor: \$500**

Featured as supporting sponsor in event program and in all media for the event  
Program acknowledgement on business card size ad  
Exhibitor booth at Resource Fair  
Noted on MHA website through 2019  
Conference admission for 3

## **Friend: \$350**

Includes supporting sponsor recognition in program  
Exhibitor booth at Resource Fair  
Conference admission for 2

# 25<sup>th</sup> Annual Meeting of the Minds Mental Health Conference

## Keynote Presentation by Dianna de la Garza



Dianna De La Garza, born and raised in Texas, is a former Dallas Cowboys Cheerleader and country music recording artist who opened for music greats like George Strait, Reba McEntire, and Hank Williams, Jr. As a mother of three daughters who were interested in show business, De La Garza also served as pep coach, adviser, and manager to her children. Her youngest, Madison De La Garza, was a regular on *Desperate Housewives*, playing the role of Eva Longoria’s daughter. Middle daughter, Demi Lovato is a multiplatinum recording artist and former Disney actress, best known for appearing in *Camp Rock*, *Princess Protection Program*, and *Sonny with a Chance*. Oldest daughter, Dallas Lovato, is currently an acting coach in the Los Angeles area and a voice actress. In addition to being a mom and author, De La Garza is also a well-known speaker who conducts parent seminars around the country about the perks and pitfalls of helping children pursue Hollywood careers.

Dianna will be sharing with us her own life story, what shaped her mental health, and how it eventually affected her family...her “need to be perfect,” her eating disorder, her own addiction struggles. She will explain her “AH HA” moment when she realized her family needed REAL help for their mental health issues. She will discuss their move to Hollywood and into the spotlight, and while it didn’t cause their mental health struggles, how the experience exacerbated them to the point they could no longer be ignored. Dianna will share how they got the help they needed through treatment, therapy, sobriety and relying on faith. And, lastly, she’ll give an update on how the family is doing and what their plans are for the future.

## Workshop Topics Include:

<p><b>Mental Health 101: Interacting Safely with Those in Crisis</b></p> <p>Solutions for Addressing a Mental Health Crisis</p> <p><b>Yoga and Mindfulness</b></p> <p>Trends in Medication and Research</p> <p><b>Post Traumatic Growth</b></p> <p>Skills for Recovery (Panel of Consumers)</p> <p><b>Stigma Busting</b></p> <p>Medicare &amp; Mental Health: 10 Things You Should Know</p> <p><b>Mental Health Board: Listening Session</b></p> <p>LGBTIQ 101</p>	<p>Law Enforcement Response to Homelessness in OC</p> <p><b>Cultural Considerations in the Psychiatric Treatment of Asian Patients</b></p> <p>Be Well Program in OC</p> <p><b>The DSM5: An Overview of Mental Illness Diagnoses</b></p> <p>The Science Behind Mental Illness</p> <p><b>The Value and Role of Peer Support in Recovery</b></p> <p>Listen to Your Anxiety: Daily Impact and Coping Strategies</p> <p><b>Housing Options in Orange County: Panel Discussion</b></p> <p>Hoarding Disorder</p>	<p><b>Street Drug Trends and Symptomatology</b></p> <p>Postpartum Depression and Anxiety</p> <p><b>Co-Occurring Disorders and Marijuana Use</b></p> <p>Working with Clients Experiencing Psychotic Episodes</p> <p><b>Gender Affirming Practice</b></p> <p>Family Support</p> <p><b>Hands-On Tools for Social-Emotional Health: Music and Movement</b></p> <p>Planning for the Future: Special Needs Trusts and Other Considerations</p>	<p>Resilience and Recovery: First Responder Wellness &amp; The Journey Back</p> <p><b>Suicide Risk Assessment</b></p> <p>Treating High Functioning Anxiety with Cognitive Therapy</p> <p><b>Opioid Addiction and Treatment</b></p> <p>Dialectical Behavior Therapy (DBT)</p> <p><b>The Power of Work: Transitioning Back into the Workforce</b></p> <p>Understanding Your Meds: Ask a Professional</p> <p><b>Work Incentives for SSI/SSDI</b></p> <p>Keeping Your Brain Fit as You Age</p>
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## Schedule of Events

7:00 am	Exhibitor Registration
8:00 am	General Registration Begins Continuing Education Sign-In Resource Fair and Consumer Art Show Open
9:00 am – 10:15 am	Workshops 1-9
10:30 am – 11:45 am	Workshops 10-18
Noon – 1:30 pm	Networking Luncheon with Keynote Presentation
1:30 pm – 2:15 pm	Visit Resource Fair and Consumer Art Show
2:15 pm – 3:30 pm	Workshops 19 – 27
3:45 pm – 5:00 pm	Workshops 28 – 36

## 2018 Meeting of the Minds Sponsors

### Platinum Sponsors

Brand New Day  
Kaiser Foundation Hospitals

### Gold Sponsor

Pathways Community Services

### Silver Sponsors

CalOptima  
Jamboree  
OC Health Care Agency – Behavioral Health  
Orange County Task Force on Hoarding  
St. Joseph Hospital  
Sunovion

### Bronze Sponsors

Andrew and Christy Nguyen  
Beacon Health Options  
College Hospital Costa Mesa  
Hoarder Homes  
Lucy Brimbuella – BMD Rescare  
Mercy Pharmacy Group  
Norooz Clinic Foundation  
Ocean View Psychiatric Hospital  
Recovery Education Institute (REI)  
Sea Crest Home Health & Hospice

### Friends

CCS Wellness Center Central  
College Community Services – Adult Outpatient  
Evolve Treatment Centers  
Life Adjustment Team  
Orange County Consultants/Muriel Ullman  
Steri-Clean  
Vitas Healthcare

### Non-Profit Exhibitors

Alzheimer's Orange County  
Casa Youth Shelter  
Child Abuse Prevention Center  
Children's Bureau  
Council on Aging – Southern California  
Depression and Bipolar Support Alliance – OC  
Depression and Bipolar Support Alliance – South OC  
DoTerra Essential Oils/Julie Taylor  
Extraordinary Lives Foundation  
Independence at Home  
Jewish Federation & Family Services  
Life's Tool Box  
Mental Health Association  
MHA Project Together Mentor Program  
MHA Wellness Centers

National Alliance on Mental Illness (NAMI) – Orange County  
NAPAFASA  
NASW - California  
OCAPICA  
OC LINKS/OC Health Care Agency  
Orange County Psychiatric Society  
Orange Police Department  
Patients' Rights Advocacy Services  
Express Through Play/Dry Erase Dolls  
Radiant Health Center  
Recovery International  
Respite Mountain Camp  
South Bay Intergroup of Overeaters Anonymous  
The John Henry Foundation  
Western Youth Services

# Meeting of the Minds, May 15, 2019

## Exhibitor/Sponsor Registration

(Print or type)

Exhibitor/Underwriter Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zipcode: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Names of Attendees: \_\_\_\_\_

### All Exhibitor/Sponsor Registrations include:

Exhibit space at Showcase of Community Resources (6 ft. table, 2 chairs), organization name placard, recognition in program, and listed on recognition board at the event. Admission for number of persons specified below, including all workshops, catered networking luncheon, keynote presentation, validated parking, and CEU processing fees.

### Please check appropriate box for your level of support:

- \$25,000 **Keynote Sponsor**
- \$10,000 **Titanium Sponsor**
- \$5,000 **Platinum Sponsor**
- \$2,500 **Gold Sponsor**
- \$1,000 **Silver Sponsor**
- \$500 **Bronze Sponsor**
- \$350 **Friend**
- \$250 **Nonprofit**
- Other **Amount:** \_\_\_\_\_

Number of persons who will attend the luncheon: \_\_\_\_\_ Number of Vegetarian meals: \_\_\_\_\_

### Program Acknowledgements:

Digital artwork must be submitted to MHA as a **JPEG or PNG** file by **May 1, 2019. No PDFs please. Email to [Presnall@mhaoc.org](mailto:Presnall@mhaoc.org)**

**Additional/Optional Program Acknowledgement Space**, to publicize your agency services or business and to support this conference:

\_\_\_\_\_ **\$400 Full page (8"x10½")** \_\_\_\_\_ **\$200 Half page (4"x10½")** \_\_\_\_\_ **\$100 Quarter page (4"x5¼")** \_\_\_\_\_ **\$50 Business Card (3"x2½")**

**\$\_\_\_\_\_ Total amount enclosed, payable to MHA. Please do not send cash.**

Credit Card Authorization: \_\_\_\_\_ Visa \_\_\_\_\_ Mastercard \_\_\_\_\_ American Express

Credit Card # \_\_\_\_\_ Expiration Date \_\_\_\_\_

Print Name on Card \_\_\_\_\_ Authorized Signature \_\_\_\_\_

- Mail form and check to MHA, 1971 E. 4<sup>th</sup> Street, Suite 130A, Santa Ana, CA 92705
- Email form with credit authorization to [presnall@mhaoc.org](mailto:presnall@mhaoc.org)
- Fax form (secure E-fax) with credit authorization to 714-640-5767

The Mental Health Association of Orange County is a nonprofit organization, IRS TAX ID #95-203697

**EXHIBITOR REGISTRATION DEADLINE: Wednesday, May 1, 2019**