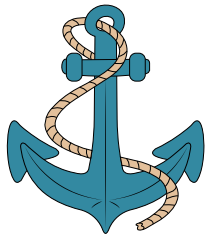


**2026**

**Meeting of the Minds  
Mental Health Conference**



**“Anchored in Purpose:  
*Charting Our Course Together*”**

**Orange County’s Largest Annual Gathering  
for Mental Health and Wellness!**

**Registration Packet**

**FEATURES:**

- Keynote Address: Michael Hunn, CEO, CalOptima
- 800+ attendees
- Community Resource Fair featuring 50+ resources
- 32 Mental Health Workshops
- Networking Luncheon
- 4 Continuing Education Hours:  
Ph.D., Psy.D., LMFT, LCSW, CMPSS, RN, CAADE



**Friday, May 22, 2026**

**8:00 AM to 4:00 PM**

**Anaheim Marriott**

**700 West Convention Way, Anaheim  
*Free Parking***

**1971 East 4th Street, Suite 130A Santa Ana, CA 92705  
714-547-7559**



# "Anchored in Purpose: Charting our Course Together"

**32<sup>nd</sup> Annual Meeting of the Minds Conference**  
**Friday, May 22, 2026**

## Conference Schedule

7:00 A.M.	Exhibitor Registration
8:00 A.M.	General Registration Begins Continuing Education Sign-In Networking and Resource Fair
9:10 - 9:25 A.M.	Opening Remarks – Michael Hunn, CEO, CalOptima
9:45 A.M. - 10:45 A.M.	Workshops 1 – 8
11:00 A.M. - 12:00 P.M.	Workshops 9 – 16
12:15 - 1:30 P.M.	Networking Luncheon and Resource Fair
1:45 P.M. - 2:45 P.M.	Workshops 17 – 24
3:00 P.M. - 4:00 P.M.	Workshops 25 – 32
4:00 P.M. - 4:30 P.M.	Continuing Education Sign-Out

## 2026 Meeting of the Minds Planning Committee

<b>Vanessa Lopez</b> John Henry Foundation	<b>Carla DiCandida, MPA</b> Ocean View Psychiatric Hosp.	<b>Sara Marquez</b> Community Volunteer	<b>Pam Reed Presnall</b> MHA
<b>Renee Bidwell</b> MHA	<b>Amy Durham</b> NAMI-OC	<b>Frankie Nelson</b> REI	<b>Margaret Riley, MA</b> Committee Chair
<b>Lei Portugal Calloway</b> Telecare	<b>Raul Fernandez</b> Wellness Center South	<b>Kimmie Nguyen</b> DiDi Hirsch	<b>Michelle Tanner</b> REI
<b>Helen Cameron</b> OC Health Care Agency	<b>Lori Fischer</b> Telecare	<b>Rosemary Nielsen</b> MHA Board	<b>Christine Tran-Le</b> Council on Aging OC
<b>Jennifer Carpenter</b> D'Amore Healthcare	<b>Ally Gandullia</b> REI	<b>Shannon Peterson</b> Community Volunteer	<b>Johnice Williams</b> Community Volunteer
<b>Kevin Connors, LMFT</b> Private Practice Clinician	<b>Kathryn Hamel, Ph.D.</b> Hamel Consulting	<b>KC Pickering, Psy.D.</b> OC Health Care Agency	

**Workshops 1 – 8**  
**9:45 am – 10:45 am**

Workshop 1: Salon A/B

**Mental Health in the Black Community**

This presentation will provide an overview of the work being done locally to close the data gap by identifying social determinants of health in the Black community. Presenter will discuss what is being done to educate, empower and advocate on behalf of the community to address and decrease the impacts on OC's residents, employees and worshippers. She will share insights on the growing need for culturally sensitive mental health services for this population.

**Presenter:** Kelita Gardener, Health Equity for African Americans League (HEAAL)

Workshop 2: Salon C/D

**Community Support System Involvement in Mental Health Treatment**

During this session, attendees will learn how a 12-Step model can be utilized for mental health recovery. Presenters will discuss how they have developed a "safe space" to provide non-clinical support to patients and will explain how families, friends and other support system members can provide meaningful support to an individual in mental health treatment.

**Presenters:** Gary Tucker, LMFT and John Emma, D'Amore Mental Health

Workshop 3: Grand Ballroom – Salon E

**When the World Feels Loud: Understanding Sensory Processing Sensitivity (SPS) in People with Substance Use Disorders – Practical Tools for Families, Peers and Providers**

This workshop introduces Sensory Processing Sensitivity (SPS), a natural trait that affects how deeply individuals respond to sensory and emotional experiences. This interactive session will help attendees to understand why some individuals feel overwhelmed more easily, how this relates to relapse risk, and what those in the support system can do to help.

**Presenter:** Luna X. Lu, Psy.D.

Workshop 4: Grand Ballroom – Salon F

**Traumatic Brain Injury: Adolescence to Adulthood, Neurons to Neighborhoods**

During this workshop, attendees will explore how neurocognitive sequelae of white matter injury, autonomic biomarkers, environmental inequalities, and chronic disease models converge to inform assessment, intervention and advocacy. Attendees will be equipped to recognize TBI as a chronic, dynamic condition and how to translate this recognition into practice, research and advocacy.

**Presenter:** Daniel Ignacio, Ph.D., St. Jude/Brain Injury Network

Workshop 5: Elite Ballroom

**Trauma and Clinical High Risk for Psychosis**

This workshop will explore how trauma and adversity intersect with Clinical High-Risk for psychosis and why that intersection matters for assessment, diagnosis, and care. A central focus will be on trauma-informed, culturally responsive assessment. The presenter will outline stage-based, trauma-informed approaches to working with CHR youth and families.

**Presenter:** Jason Schiffman, Ph.D., Thrive Together OC

Workshop 6: Salon G/H

**Pitfalls and Positives of Peer Support**

During this presentation, panelists with lived experience working in mental health will share their experiences as Peer Support Specialists. Through a facilitated Q and A, panelists will discuss not only the positive aspects of being a Peer working in the field, but also what challenges can arise and how to address them.

**Presenters:** Lei Portugal Calloway, Telecare and a panel of Peer Support Specialists

Workshop 7: Salon J/K

**Update on the Behavioral Health Services Act – Orange County's Integrated Implementation Plan**

In this workshop, attendees will learn about the Behavioral Health Services Act implementation plan developed by the Health Care Agency as required under Prop. 1.

**Presenters:** Michelle Smith and Sophia Valdez, Orange County Health Care Agency

Workshop 8: Orange County Ballroom 1/2

**Positive Purposeful Aging**

This workshop will provide a comprehensive overview of the current issues impacting the well-being of older adults, with a particular focus on housing, behavioral health, and statewide aging initiatives. Attendees will be introduced to key components of the California Master Plan for Aging, with an emphasis on goals and strategies that support aging in place, community integration, and cross-sector collaboration.

**Presenters:** Claudia Harris, Nate Robbins, Eleni Hailemariam, Helen Cameron

**Workshops 9 – 16**  
**11:00 am – 12:00 pm**

Workshop 9: Salon A/B

**LGBTQ+ and Mental Health**

This workshop provides an overview of LGBTQ+ mental health, examining common mental health concerns, disparities, and the impact of stigma, discrimination, and minority stress. Participants will learn foundational terminology and inclusive practices that promote affirming and supportive environments.

**Presenters:** Maya Benitez and Nathalie Rigaud, LGBTQ Center Orange County

Workshop 10: Salon C/D

**The Power of Connection: Exploring the Benefits of 12 Step Programs for Addiction Recovery**

This workshop will explore the evidence-based effectiveness of 12 Step programs for addiction recovery. Participants will gain insight into the core benefits of 12 Step participation. Presenters will discuss and address common misconceptions and barriers that may be challenging for those seeking recovery.

**Presenter:** Michelle Tanner, Taro Thomas, Tommy Tran, Recovery Education Institute

Workshop 11: Grand Ballroom – Salon E

**Veterans and Mental Health: What to Know When Working with the Population**

A VA clinician will provide an overview of the unique mental health conditions experienced by the veteran population. He will discuss the risk behaviors associated with combat veterans, the challenges faced when working with the population, and how to mitigate those challenges. He will explain the treatment approaches implemented in the private sector vs. the veterans hospital system, and how to best navigate through the VA systems for veterans in the community.

**Presenter:** Charles Nguyen, M.D. Long Beach Veterans Administration

Workshop 12: Grand Ballroom – Salon F

**Healing After Sexual Trauma**

This workshop explores the multifaceted impact of sexual trauma, including inconsistent definitions that contribute to underreporting, emotional dysregulation, maladaptive coping, and relationship breakdowns. Participants will learn interventions to address neurobiological responses, affect regulation, and alcohol/substance-reduction strategies. The presenters will discuss the practical tools to support survivor recovery.

**Presenters:** Kevin Connors, LMFT and Kathryn Hamel, Ph.D.

Workshop 13: Elite Ballroom

**Misread, Misdiagnosed, Misunderstood – The Unrecognized Trauma Burden in ADHD and Neurodivergence**

The session will explore how ADHD and other forms of neurodivergence shape stress responses, heighten susceptibility to trauma, and influence mental health trajectories. Through a trauma-informed, neuro-affirming lens, this session will provide professionals with practical tools to validate lived experience, reduce shame, and support regulation and well-being in neurodivergent children, youth and adults.

**Presenters:** Rick Bowman, M.A. and Doris Bowman, M.S., Advanced Certified Trauma Practitioners – Clinical & Education®

Workshop 14: Salon G/H

**Telling Your Story as a Hero**

Telling your story as a hero means sharing lived experience in a way that highlights resilience, growth, and empowerment rather than focusing solely on crisis or diagnosis. This approach reframes personal challenges as meaningful journeys of recovery, demonstrating hope, self-advocacy, and the possibility of change. The hero's story inspires others by showing that healing is real, setbacks can be overcome, and recovery is an ongoing, achievable process.

**Presenter:** Lori Fischer, Telecare and a panel of peers in recovery

Workshop 15: Salon J/K

**Supportive Housing: Advancing Resident Stability Through Trauma-Informed, Data-Driven, and Collaborative Permanent Supportive Housing (PSH) Practices**

This session provides a practical look at the evolving landscape of PSH in Orange County. Participants will explore the intersection of behavioral health, housing stability, property management collaboration, and CalAIM-funded service delivery. The Foundations of PSH, trauma informed care, and person-centered engagement will be discussed.

**Presenters:** Jackie Martinez, Tara Dones, Lindy Moore, and Richard Owens, Jamboree Housing

Workshop 16: Orange County Ballroom 1/2

**Mindful Practice, Mindful Care: Harnessing Mindfulness for Enhanced Therapeutic Presence and Resilience**

Through interactive exercises and guided mindfulness techniques, participants will learn how to cultivate a nonjudgmental, present-moment awareness that fosters emotional regulation, stress reduction, and creative problem-solving. This session will explore how mindfulness can enhance professional practice by promoting resilience, empathy and better client management.

**Presenter:** Samantha Snowden, Minding Your Mind

## Workshops 17 – 24

1:45 pm – 2:45 pm

### Workshop 17: Salon A/B

#### **Equity is a Frequency: Elevating Consciousness in Mental Health and Community Care**

This workshop offers a heart-centered, holistic, and higher-consciousness approach to Equity in Mental Health, grounded in the belief that systems heal through people and that sustainable change begins inward. The presentation reframes equity not as policy compliance but as a sacred, relational, daily practice rooted in compassion, accountability, and truth-telling.

**Presenter:** Bahar Nawabi, Multi-Ethnic Collaborative of Community Agencies (MECCA)

### Workshop 18: Salon C/D

#### **From Burnout to Boundaries: Nervous System Informed Strategies**

This session explores burnout through a nervous system-informed lens and offers realistic tools to move from chronic overwhelm to sustainable practice. The presenter will review how trauma and ongoing workplace stress affect the body, and will connect this to common burnout signs in helping professionals. There will be a focus on practical strategies that providers can integrate into their daily routines, supervision, or team meetings without adding another “to do.”

**Presenter:** Jaime G. Raygoza, Psy.D., Rainbow Career Coaching

### Workshop 19: Grand Ballroom – Salon E

#### **Understanding the Impact of Racism and Racial Trauma on PTSD and C(omplex)PTSD**

Racism has been linked to major depressive disorder, generalized anxiety disorder, substance abuse, suicidality, and numerous physical health problems. This workshop will discuss methods for enhancing diagnostic acumen and culturally grounded assessment measures. Recommendations for treatment across personal, interpersonal and societal levels will be explained.

**Presenter:** Kevin Connors, MS, LMFT, Clinician in Private Practice

### Workshop 20: Grand Ballroom – Salon F

#### **Beyond the Mirror: Supporting Clients in Self Image Healing**

This interactive workshop will provide mental health clinicians with a deeper understanding of the psychological and societal factors that shape self-image and evidence-based interventions to help clients cultivate a more compassionate and authentic self-view. Participants will learn practical strategies to help clients challenge negative self-perceptions, reframe core beliefs, and develop a healthier relationship with themselves.

**Presenter:** Morgan Hannaleck, LCSW, Minding Your Mind

### Workshop 21: Elite Ballroom

#### **Navigating Co-Occurring Disorders: Advanced Clinical Strategies for Substance Use Assessment, Diagnosis, Treatment Planning and Avoiding Common Pitfalls**

This presentation will explore in depth advanced strategies when working with substance use and mental health disorders. The Designed to enhance clinical competency, this session equips clinicians with evidence-based approaches to deliver comprehensive and effective care. The presentation also aims to address common pitfalls clinicians face in this complex field and provide practical tools to overcome those challenges.

**Presenter:** Sharon Volner, LMFT, Chief Clinical Officer, LaVentana Treatment

### Workshop 22: Salon G/H

#### **Finding the Right Peer Job**

During this session, participants will learn about the different types of peer positions, including paid and volunteer opportunities. The presenters will discuss common myths and facts about employment in peer support. Attendees will complete a job search assessment and develop a personalized daily maintenance plan to support their success in the workplace.

**Presenters:** Frankie Nelson and Ally Grandullia, REI and Denise Cuellar, Wellness Center West

### Workshop 23: Salon J/K

#### **CARE Court Update**

This presentation will introduce the CARE Act’s civil court process designed to connect individuals suffering from a qualifying diagnosis with county behavioral health services. The session will provide an overview of eligibility criteria and who can file a CARE petition. The presenter will explain how to access services, including treatment, counseling, housing, and stabilizing medications.

**Presenter:** Ebrahim Baytieh, OC Superior Court Judge

### Workshop 24: Orange County Ballroom 1/2

#### **Finding Your Anchor: Building and Infusing Creativity into Mental Health**

This interactive workshop introduces the Find Your Anchor box, a personal “mental health first aid kit” designed to feel like a gift from a friend. Participants will explore the concept of “anchors” (small joys and resources used to ground oneself during crisis), and the vital role of the “stranger who cares” in building community resilience.

**Presenters:** Ali Borowsky and Morgan Cook, Find Your Anchor

## Workshops 25 – 32

3:00 pm – 4:00 pm

### Workshop 25: Salon A/B

#### **Unspoken Barriers in Asian American Pacific Islander (AAPI) Mental Health**

This workshop will focus on practical approaches that help AAPI community members feel more comfortable talking about emotional needs and accessing care. The session will explore how cultural beliefs influence help-seeking, how migration and family responsibilities affect comfort with mental health services, and how worries about privacy and confidentiality can limit access. Participants will learn approaches that strengthen trust.

**Presenter:** Kelly Tran, LMFT, OCAPICA

### Workshop 26: Salon C/D

#### **Military Family 101**

During this session, attendees will learn about the “battle mindset” of veterans and how military culture, training, and operational experiences influence behavior, communication styles, and help-seeking during and after service. The presenter will provide an overview of key challenges impacting military families, including PTSD, military sexual trauma, traumatic brain injury, substance and alcohol use, and separation anxiety. Attendees will learn strategies for supporting veterans and their families.

**Presenter:** Cory Vigil, Emily Baldwin and Kevin Callo, Strong Families, Strong Children/Child Guidance Center

### Workshop 27: Grand Ballroom – Salon E

#### **Benefits and Risks of Consumer Use of Large-Language Models (LLM) AKA “AI” for Mental Health Support**

As the use of Artificial Intelligence increases, there is a greater need to understand it. This workshop will define Large Language Models (LLMs) and the LLMs for mental health. The session will include an interactive activity to explore the benefits and risks of LLMs for mental health. Presenters will provide an overview of benefits and risks from a consumer and clinical perspective and whether they can and will replace therapists in the future.

**Presenters:** Colin LeFevere, B.S., SE Stoeckl, B.S., and Hayoung Woo, M.S., Doctoral students at University of California, Irvine

### Workshop 28: Grand Ballroom – Salon F

#### **Hoarding is a Disorder, Not a Decision**

There is a difference between clutter and hoarding. This session will provide an overview of the four main characteristics of Hoarding Disorder and the impact it has on the individual as well as the community. The presenter will explain the criteria for diagnosing Hoarding Disorder, and what current assessment tools exist to assist clinicians working with clients exhibiting hoarding behavior.

**Presenter:** Rosemary Nielsen, LCSW, City of Buena Park

### Workshop 29: Elite Ballroom

#### **Resilient Kids Start with Us: Practical Co-Regulation Tools for Children and Teens**

Children and teens are showing increasing levels of anxiety, irritability, overwhelm, and emotional reactivity. This workshop connects these behavioral health trends to what we know about adverse childhood experiences (ACEs), toxic stress, and the developing nervous system, offering a clear understanding of why many behaviors are intensifying and how adults can respond in ways that support healing and regulation.

**Presenters:** Nicole Wohlgemuth, LMFT and Ally Heppert, LMFT, Western Youth Services

### Workshop 30: Salon G/H

#### **Love, Fear, and Hope: Family Voices from the Frontlines of Mental Illness**

Through powerful stories of love, fear and home, family members will share the transformative experience of caring for a loved one with severe mental health challenges. Participants will hear first-hand accounts of the ongoing trauma, uncertainty, and emotional burden that accompany caregiving, as well as the moments of courage, connection, and meaning that emerge along the way.

**Presenters:** Arna Vodenos, NAMI and a panel of family members

### Workshop 31: Salon J/K

#### **Policy Updates to Medi-Cal and Cal Fresh Programs**

Federal law passed in 2025 will impact safety net programs. Presenters will provide an overview of the changes being implemented and how they could impact program participants.

**Presenters:** OC Social Services Administration

### Workshop 32: Orange County Ballroom 1/2

#### **Engaging Spirituality: The Benefits of Living within a Spiritual Worldview to build Coping and Resilience**

Presenters will discuss principles of spirituality/religion that help improve and maintain mental health. They will explain the similarities and differences between religion and spirituality, and the physical and mental impacts of spirituality/religion, including increased lifespan, better/healthier choices, a sense of connection, and increased meaning in life.

**Presenters:** Michael Mullin, Ph.D., LMFT, Deana Helmy, M.S., Ed.D., Rebecca Freeman, M.A., Daniel Gibbs and John Reynolds

**mha** Meeting of the Minds  
**May 22, 2026**  
Individual Registration (*Please type or print clearly*)

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

*The Small Print:* Conference cancellations must be in writing and faxed or post-marked by April 1 to be eligible for a refund less a \$20 non-refundable processing fee. Cancellations after May 1<sup>st</sup> and no-shows, are not eligible for any refund or credit; and your tuition will be considered a tax-deductible donation to MHA. (IRS TAX ID # 95-2036972). Workshop admission is on space-available basis, so arrive early.

**Registration deadline is May 8, 2026      No walk-ins will be accepted**

**Select One: The Sooner You Register, the More You Save!**

- Individual Registration: \$160 (through March 13) \$185 (March 14 – May 8)**  
Includes: admission to all workshops, showcase of community resources, catered networking luncheon, keynote presentation, validated parking
- Senior Registration (Age 64+): \$120 (through March 13) \$135 (March 14 – May 8)**  
Includes everything under individual registration
- Student Registration: \$100 (through March 13) \$115 (March 14 – May 8)**  
Includes everything under individual registration
- Agency Sponsored Mental Health Consumer Attendance: \$75 (through March 13) \$90 (March 14 – May 8)**  
*If you are an agency and you are paying for a client to attend, you must pay this registration fee. No exceptions.*
- Mental Health Consumer Registration: \$35 (through May 8)**  
*By signing below, I am certifying that I am low income and requesting a discounted registration fee.*

Signed: \_\_\_\_\_

- Continuing Education Units: \$25** Please indicate type of credit you are requesting: \_\_\_\_\_  
Five hours of continuing education for the following:  
**Ph.D., Psy.D., LMFT, LCSW, RN, CAADE** for four contact hours\*. \*Pending approval  
*Attendees must **sign-in and sign-out** at CE table to meet criteria for certification.*

**California MediCal Certified Peer Support Specialists are not charged for continuing education units. A certificate and listing of conference workshops will be provided at the end of the event.**

**OPTIONS:**

- Complimentary Luncheon:** YES! I will attend the luncheon at no additional charge.
- I am requesting a vegan meal**
- Business Card: \$50 per card** (Submission Deadline: **May 8, 2026**)  
Features publication of your business card in conference program that can be helpful in acquainting the Orange County Mental Health community with your practice of specialty. If possible, please submit by email as a **JPEG or PNG** file.  
For larger advertisements in the program, see exhibitor/underwriter registration on next page.

**Total amount enclosed payable to MHA \$ \_\_\_\_\_** *Please do not send cash*

Credit Card Authorization: _____ Visa _____ Mastercard _____ American Express
Credit Card #: _____ Expiration Date: _____
Print Name on Card: _____ Signature: _____

**Credit Card Registration:** *email* this registration form with credit card information to: [presnall@mhaoc.org](mailto:presnall@mhaoc.org)  
*Secure e-fax* the registration form with credit authorization to: 714-242-9807  
*register online:* [www.mhaoc.org/events](http://www.mhaoc.org/events)

**Registration by Mail:** *mail* registration form with payment to: MHA, 1971 E. 4<sup>th</sup> Street, Suite 130A, Santa Ana, CA 92705

**Call 714-547-7559 with any questions**

# Meeting of the Minds, May 22, 2026

## Exhibitor/Sponsor Registration

Exhibitor/Underwriter Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_ Zipcode: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Names of Attendees: \_\_\_\_\_

### All Exhibitor/Sponsor Registrations include:

Exhibit space at Showcase of Community Resources (6 ft. table, 2 chairs), organization name placard, recognition in program, and listed on recognition board at the event. Admission for number of persons specified below, including all workshops, catered networking luncheon, keynote presentation, validated parking, and CEU processing fees.

### Please check appropriate box for your level of support:

- \$25,000 **Keynote Sponsor:** Featured as chief sponsor in event program and in all media for the event. Program acknowledgement on front cover and full-page inside. Noted on MHA web site through 2026. Preferred booth location in high-traffic corridor. Admission and preferred luncheon seating for 20. Two rooms at the hotel the night before the conference. *Tax deductible amount is \$22,000.*
- \$10,000 **Titanium Sponsor:** Featured as chief sponsor in event program and in all media for the event. Program acknowledgement on front cover and full-page inside. Noted on MHA web site through 2026. Preferred booth location in high-traffic corridor. Admission and preferred luncheon seating for 20. One room at the hotel the night before the conference. *Tax deductible amount is \$7,300.*
- \$5,000 **Platinum Sponsor:** Featured as chief sponsor in event program and in all media for the event. Program acknowledgement on front cover and full page inside. Noted on MHA web site through 2026. Admission for 12. *Tax deductible amount is \$3,560.*
- \$2,500 **Gold Sponsor:** Featured as supporting sponsor in event program and in all media for the event. Program acknowledgement on front cover and half-page inside. Noted on MHA web site through 2026. Admission for 8. *Tax deductible amount is \$1,540.*
- \$1,250 **Silver Sponsor:** Featured as supporting sponsor in event program and in all media for the event. Program acknowledgement on quarter page inside. Noted on MHA web site through 2026. Admission for 5. *Tax deductible amount is \$600.*
- \$600 **Bronze Sponsor:** Featured as supporting sponsor in event program and in all media for the event. Program acknowledgement on business card size ad. Noted on MHA website through 202. Admission for 3. *Tax deductible amount is \$240.*
- \$450 **Friend:** Includes supporting sponsor recognition in program plus admission for 2. *Tax deductible amount is \$160.*
- \$300 **Non-Profit Exhibitor:** Admission for 2.

Number of persons who will attend the luncheon: \_\_\_\_\_ Number of Vegetarian meals: \_\_\_\_\_(circle names above)

### EXHIBITOR REGISTRATION DEADLINE: Friday, May 8, 2026

#### Program Acknowledgements:

Digital artwork must be submitted to MHA as a **JPEG or PNG** file by **May 8, 2026**. **No PDFs please.** Email to [Presnall@mhaoc.org](mailto:Presnall@mhaoc.org)

**Additional/Optional Program Acknowledgement Space**, to publicize your agency services or business and to support this conference:

\_\_\_\_\_ **\$500 Full page** (8"x10½") \_\_\_\_\_ **\$250 Half page** (4"x10½") \_\_\_\_\_ **\$125 Quarter page** (4"x5¼") \_\_\_\_\_ **\$50 Business Card** (3"x2½")

\$ \_\_\_\_\_ **Total amount enclosed, payable to MHA.** *Please do not send cash.*

Credit Card Authorization: \_\_\_\_\_ Visa \_\_\_\_\_ Mastercard \_\_\_\_\_ American Express

Credit Card # \_\_\_\_\_ Expiration Date \_\_\_\_\_

Print Name on Card \_\_\_\_\_ Authorized Signature \_\_\_\_\_

- Mail form and check to MHA, 1971 E. 4<sup>th</sup> Street, Suite 130A, Santa Ana, CA 92705
- Email form with credit authorization to [presnall@mhaoc.org](mailto:presnall@mhaoc.org)
- Fax form (secure E-fax) with credit authorization to 714-242-9807

**Meeting of the Minds Artist/Writer Art Show Application**

mha Meeting of the Minds Art Show

May 22, 2026 at Anaheim Marriott Hotel

Open to mental health consumers in Orange County

**Registration deadline is May 8, 2026**

**Name**

**Organization**

**Telephone**

**Email**

**I AM ATTENDING**

Please submit the following items if you are attending the Meeting of the Minds Conference:

1. MOM individual registration form checking "Mental Health Consumer Registration"
2. \$35.00 consumer registration fee for admittance to conference and luncheon.  
Both of the above can be submitted: online at <https://mhaoc.org/events/> , mailed or delivered to: **Art Show Coordinator MHA, 1971 E. 4th Street, Suite 130 A Santa Ana, CA 92705**
3. Completed Artist/Writers Art Show application (this form) mailed or delivered

**I AM UNABLE TO ATTEND**

If you are unable to attend the conference and luncheon and wish to have your art or writing displayed at no fee please fill out this form and arrange to have your artwork or writing mailed or delivered to: **Art Show Coordinator MHA, 1971 E. 4th Street, Suite 130 A Santa Ana, CA 92705**

You can also have a representative bring your artwork or writing to the conference. Remember if that person is choosing to attend, they must pay a registration fee. Please fill out the following information about your representative:

Name (Representative)

Organization

Telephone

Ext.

Email

Category I **ART: (not limited to) Paintings & Drawings (all media) - Prints (Woodcut, Lithograph etc.)  
Mixed Media - Graphic Designs-Photography - Prints of Your Original Work**

on

**Framed/Wired**

Title

Media

Media Surface

Height x Width

Category II **Hanging Artisans Crafts: (not limited to) hanging wood, glass & paper art, jewelry, needle work**

yes  no

**Hanging Artisans Crafts: Craft will be Framed or in a Shadow Box (Wired and ready to hang)**

Title(s) if appropriate

Process and/or Materials Used

(required) Height x Width x Depth

Category III **WRITING:(not limited to) poetry, inspirational, life story, remembrances, song verse  
Unlimited Number of Words on One 8½" by 11" Sheet Of Paper (Suggested 14-18 Font)**

Title(s)

My Artwork may be used for mha

MOM

Flyers

Art Show Visual Displays

Virtual Web Shows

**PLEASE NOTE:** All artwork and writings must be **ready to hang** on a gridwall. Artwork should have a hook or wire to hang off of and writings must be in a frame with a backing that can be hung. You are responsible for your artwork. If concerned about theft or damage, make arrangements for you or someone to stay with your artwork when it is on display. (2) Marriott and the organizers or persons associated with "Meeting of the Minds" are not responsible for any theft or damage to your work. (3) You and/or your representative are responsible for all Artwork that is offered for sale including but not limited to setup, pricing, sales and all monies/receipts. Setup Time for your art is 7 a.m. to 8 a.m. on May 22, 2026.

**Anaheim Marriott Hotel 700 West Convention Way, Anaheim (off Harbor between Chapman & Katella)**

Any questions about registration or if you need assistance please email: Lori Fischer [loriefischer@outlook.com](mailto:loriefischer@outlook.com)

**MHA thanks our 2025 Meeting of the Minds Conference sponsors for their generosity and participation**

## **Showcase of Community Resources**

*(partial listing of 2025 sponsors and exhibitors)*

### **Chief Sponsor**

Orange County Health Care Agency

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### **Gold**

CalOptima Health  
Clarvida

College Hospital  
Jamboree Housing Corporation

---

### **Silver**

Be Well Orange County  
BMD Rescare  
Christina Brady Twaite  
D'Amore Mental Health  
Find Your Anchor  
La Ventana Treatment Programs

Kaiser Permanente  
Ocean View Psychiatric Health Facility  
Psynergy Programs, Inc.  
Telecare, Inc.  
Turn Behavioral Health

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### **Bronze**

DBT Center OC  
Depression & Bipolar Support Alliance – OC  
Discovery Behavioral Health  
Grand Canyon Education

Hoarder Homes  
National Alliance on Mental Illness – OC  
Syrentis Clinical Research  
The Purpose of Recovery

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### **Friend**

Alzheimer's OC  
Hope Center  
Medix Healthcare

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### **Nonprofit Exhibitors**

2-1-1 Orange County  
Access to Prevention Advocacy Intervention and Treatment  
(APAIT)  
Asian American Senior Citizens Service Center  
Behavioral Health Advisory Board  
Behavioral Health Services  
Child Guidance Center  
Council on Aging – Southern California  
Didi Hirsch Mental Health Services – Survivor  
Support Services  
Illumination Institute  
Mental Health Association – Health Equity Services  
Mental Health Association – Veteran Services  
Minding Your Mind  
Mountain Respite Camp  
Multi-Ethnic Collaborative of Community Organizations of  
Orange County (OCMECCA)

Olive Crest  
OMID Institute  
Orange County Public Defender  
Peer Voices United  
Phoenix House  
Proxy Parent Foundation  
Recovery Education Institute  
Services for Families with Young Children  
Strong Families Strong Children  
The John Henry Foundation  
Thrive Together OC  
Tourette Association of America  
YAY! Foundation  
Wellness Center Central  
Wellness Center South  
Wellness Center West

**mha**

Mental Health Association of Orange County  
1971 E. 4<sup>th</sup> Street, Suite 130A  
Santa Ana, CA 92705

U.S. Postage  
PAID  
Nonprofit  
Organization  
Permit No. 6043  
Santa Ana, CA

**32<sup>nd</sup> Annual  
Meeting of the Minds  
Mental Health Conference**



**Friday, May 22, 2026**

Anaheim Marriott Hotel  
Anaheim, CA

Registration Information Enclosed

**4 Continuing Education Hours**